

Summer Sailing 2015

The following guidelines are appropriate for all **Adult Sailing**.

Where to meet:

Classes will meet on the back deck of the DBMS building. You will find your instructor in a "DBMS Instructor" royal blue shirt.

What to bring:

Coast Guard approved Type III lifejacket if you have one

Closed toed shoes at all times - no sandals

Dress appropriately for the conditions - we recommend layers

SPF 30 or higher sunscreen, sun glasses & hat

Water bottle (easy open/sports bottle type)

Towel

Whistle - if you have one

Clean, dry change of clothes

Backpack/bag to store gear

Please label all personal items

Leave all valuable items at home

DBMS is not responsible for loss or damage to the personal property of its students