

Student-Athlete Respect Contract

Everyone has the right to feel physically and emotionally safe at crew. This contract will be effective immediately for the below stated athletes of DBMS Crew.

I believe that everybody should have the opportunity to row at DBMS equally, and feel safe, secure and accepted regardless of actual or perceived color, race, gender, sexual orientation, popularity, athletic ability, intelligence, religion, nationality and physical, emotional or social differences

1. Value rower differences and treat others with respect.
2. Avoid becoming involved in bullying incidents or being a bully in person or on the Internet.
3. Be aware of the team's policies and support systems with regard to bullying and cyber bullying.
4. Report honestly and immediately all incidents of bullying/cyber bullying/harassment to DBMS staff.
5. Be alert in places around the boathouse where there is less adult supervision, such as bathrooms, workout areas, and parking lots or on the Internet like social networking sites.
6. Support rowers who have been or are subjected to bullying/cyber bullying/harassment.
7. Talk to the DBMS staff and parents about concerns/issues regarding bullying/cyber bullying/harassment.
8. Work with other rowers and staff to help the team with bullying, cyber bullying and any type of harassment effectively.
9. Participate in discussions at practice and at home about bullying/cyber bullying/harassment issues.
10. Be a good role model for younger rowers and support them if bullying occurs.
11. Acknowledge that whether I am being a bully or see someone being bullied, if I don't stop or report the bullying, I am just as guilty.

Name (print)_____

Signature_____Date __/__/__

Rules of Conduct

Parents and rowers, please read these rules and indicate your agreement below. Participation in a crew program demands fitness, determination, strength, and a competitive instinct. It also bestows friendship, camaraderie, and an enormous sense of teamwork. It is with this in mind that the following rules of conduct and behavior are offered.

1. I will not work out in the erg room or row until I have been fully registered and paid my fee.
2. I will pay the required fees on time. Students expelled from the team for disciplinary infractions, or who quit the team, will also forfeit payments.
3. I will participate to the best of my ability in all fundraising events.
4. I will maintain a satisfactory record of conduct, citizenship, grades, and attendance in school.
5. I will demonstrate support for coaches and fellow rowers and show team spirit for all DBMS' competitions.
6. I will be responsible for the proper care and use of equipment. Any equipment willfully or negligently damaged or lost will be paid for by the member. Removal of any equipment from the boathouse without the approval of the coaches or the boathouse manager is forbidden.
7. I will be punctual for practices and meetings.
8. I will pay any separate fees for regattas (transportation, lodging, meals, etc.) before travel.
9. I understand that the use of tobacco, alcohol, or any illegal substances is unacceptable by participants and will not be tolerated.
10. I promise to conduct myself with decorum and good sense, to behave courteously and considerately, and to refrain from vulgar language.
11. I will respect the authority of coaches and staff of DBMS as well as that of adult chaperones and other appropriate authorities.
12. My parents and I will observe the rules regarding transportation to away rowing events. For safety reasons all rowers must travel to regattas by bus, as a team.

ATHLETES MAY BE SUSPENDED FROM TEAM ACTIVITIES OR EXPELLED FROM DBMS FOR ANY INFRACTION OF THE RULES.

Student-Athlete

Name _____ Signature _____ Date ___/___/___

Parent

Name _____ Signature _____ Date ___/___/___