

Welcome to Adult Rowing!



On your first day, please park anywhere in the parking lot and come to the rowing dock which when facing the Maritime School, is to the left of the building. You will meet your instructor there.

What to wear/bring: Please wear weather appropriate clothes and sneakers. You may get wet, so be prepared. Do not wear loose fitting clothes and do not wear tops with front pockets (the oars can get caught in them). You may also want to wear a hat, use sunscreen and bring a water bottle.

Rain or Shine: We will hold classes no matter what the weather is. If the conditions don't let us get on the water, we will go to the erg room for technique training and a workout.

Questions: Please call DBMS 934-7555, if you have any additional questions and ask for Director of Rowing.