

Summer Programs 2015

The following guidelines are appropriate for all **SUP** and **kayaking** classes.

Where to meet:

Classes will meet on the lawnside of the DBMS building. You will find your instructor in a "DBMS Instructor" t-shirt.

What to bring:

- Sunscreen
- Hat and/or sunglasses (with a croaky) - if desired
- Reusable water bottle
- Towel

What to wear:

- Sunscreen!
- A bathing suit and/or board shorts.
- A polypropylene shirt - if desired. Quick drying materials are always best over cotton!
- Shoes or flip flops should be worn on the docks, especially on hot days.
- Bare feet are best on the boards or in the kayaks.

Reminders:

- All programs meet **RAIN or SHINE**. Please dress appropriately for the weather.
- Please leave all valuable items at home - DBMS is not responsible for loss or damage to the personal property of its students.