



DBMS Boys & Girls Crew (Varsity & Novice) Spring 2019

- Preseason** March 11-16 (Varsity & Novice, Monday – Friday, 3:15 – 6:15pm)
 Specific training designed to get athletes geared up for the season. (optional – register at dbms.org)
 Two hour practice blocks, early or late shift.
- Tryouts** Monday, March 18th – VARSITY
 Varsity tryouts begin on Monday, March 18th and will conclude on Friday, March 22nd.
- Monday, March 25th – NOVICE
 Novice tryouts begin on Monday, March 25th and will conclude on Friday, March 29th.
- Practice** **VARSITY** - Monday – Friday, 3:30 – 5:30pm, Saturday 9am-11am or variable
NOVICE - Monday – Friday, 3:30 – 5:30pm
 Varsity only practices during April Vacation as athletes are available; Double sessions Thursday & Friday
 April 18th & 19th, regatta @ TBD Saturday 4/20.
- Scholarships** DBMS offers financial assistance for participation in its competitive rowing program. Contact Beth Casey
 (beth@dbms.org) for more information.

RACING SCHEDULE – SPRING 2019		
Saturday, April 6	Brooks (Varsity)	North Andover, MA
Saturday, April 20	Spring Break Race (Varsity)	TBD
Saturday, April 27	Vermont Academy, Pingree School, Milton (Varsity)	Essex, MA
Saturday, April 27	Tabor Academy (Novice)	Marion, MA
Wednesday, May 1	Suffield Academy, Bancroft (Varsity)	Worcester, MA
Saturday, May 4	Hingham (Novice)	Hingham, MA
Saturday, May 11	Cambridge Rindge & Latin School (Varsity & Novice)	Cambridge, MA
Sat-Sun, May 18-19	Northeast Regional Championships (Varsity & Novice)	Lowell, MA
Saturday, May 25	NEIRA Championships (qualified Varsity Crews only)	Worcester, MA
Sunday, May 26	MPSRA State Championships (Varsity & Novice)	Lowell, MA
Fri-Sun, June 6-8	USRowing Youth Nationals (must qualify at NE Regionals)	Sarasota, FL