

Duxbury Bay Maritime School Sailing Instructors in Training

Developing Abilities to Teach, Lead, and Inspire the Next Generation of Sailors

Pre-Requisites

15-16 yr or old at start of summer (Workers Permit Required)
Comfortable being in an aquatic environment.

Commitment

7-week summer job-training program for those interested in furthering their sailing education by learning the skills required to become instructors.

2 weeks of DBMS Sailing Classes

- 420 Advanced/Hobie Catamaran
- Option to Participate in DBMS Jr. Regatta in C420 Fleet

4 Weeks as Aide for Tiller Tamer/Pram Beginner /Quest Beginner

1 Week of Set Up or Breakdown Week

Skill Focus

Sailing Theory

- Boat Handling
- Points of Sail - Sail Trim
- Tactics and Strategy
- Seamanship

Teaching Theory

- Learning Styles
- Presentation Skills
- Growth Mindset

Classroom Management

- On Land Instruction
- On the Water Instruction

Safe Powerboat Operation

- DBMS Safe Powerboating Training

Race Committee Administration

- Racing Rules of Sailing
- Setting Courses
- Signal Sounds and Flags

Boat Maintenance

- Nuts and Bolts- Sail Maintenance
- Basic Composites

Focus on honing their sailing skills on a variety of boats

- C420's
- RS Quests
- Hobie Getaway Catamaran
- Marshall 15

Certifications Pathway

First/Aid CPR certification

US Sailing Level 1

JSA LIS Navigation/Seamanship

MA Safe Power Boating Certification