

Intro to Kayak or SUP- Saturday June 17 (9-11am). Get your summer started with a paddle around the bay. Beginner and experienced participants (age 15 and up) will get out there for the first day of the season on a stand up paddleboard (SUP) or in a kayak. We have a new fleet of inflatable SUPs that provide a stable platform for our time on the water. This class will review/teach the basics of paddling and safety on Duxbury Bay. No prior experience required but participants should be comfortable on the water.

Celebrate Summer Together- Saturday July 1- (9-11am) This family paddle trip is suitable for parents and children (ages 7 and up). Children must be able to swim and be accompanied by an adult that is comfortable on the water.. We will learn the basics of preparing for a safe paddle as a family using kayaks (child or adult sized singles or tandem) or SUP, basic paddle skills and some games to keep it fun.

SUP Women's Adventure-Saturday July 15- (9-11am)-Girls Gone Paddling. Grab your girlfriends and leave your worries behind as you take to the beautiful energizing waters of Duxbury Bay together. Paddle swiftly or meander along together. We will teach/review the SUP basics as well as some more advanced skills for those who are ready to find their bliss with this activity. No prior experience required but participants should be comfortable on the water.

Family Magic Paddle -Saturday July 29- (9-11am) Families unite and be active! Introduce your child to the wonders of paddling with you. Make some magic and work together as a team with you and your child together on a paddleboard or in a tandem kayak. This adventure is suitable for children ages 4 and up who have basic swimming skills and a parent or guardian joining in. Older children are welcome to paddle independently and they may just show the grownups how it's done! Learn the skills and tricks to safely enjoy time together on the water.

Explore the Bay SUP- Saturday August 12-(9-11am)- Embrace your adventurous spirit and explore the coastline of Duxbury Bay. This tour is perfect for practicing skills and gaining experience with your SUP in a fun and supportive group. Grab a friend or family member or come solo. New and experienced paddlers welcome ages 15 and up.

THINGS TO KNOW

DBMS provides all the equipment you need (board or boat, paddle, lifejacket). We have child sized kayaks and smaller paddleboards (age 10+) and larger SUP for parent and child can be together.

Please wear closed toed shoes.

Bring a water bottle and peanut free snack (if desired or you accompany a child)

Classes are subject to weather conditions and paddlers will be informed ahead of time of any change.